

# TGCA Cross Country All-Stars



## 1-2-3-4A

Sport	School	Conf.	All-Star		Coach	
Track	TEAGUE	3A	Lizette	Aguilera	Brian	Cooper
Track	DAINGERFIELD	3A	Kadeviuona	Andrews	Dana	Carter
Track	LAIRD HILL	1A	Yesenia	Avalos	Patty	Hammontree
Track	PANHANDLE	2A	Bree	Baker	Mikel	Tucker
Track	SAN SABA	2A	Ashlynn	Cash	Alicia	Cummings
Track	SAN SABA	2A	Kaleigh	Ellis	Alicia	Cummings
Track	WALL	3A	Jayden	Fiebiger	Tiffany	Meek
Track	SPEARMAN	3A	Alana	Holloway	Starla	Whiteley
Track	CAYUGA	2A	Stormi	Lane	Chad	Martinez
Track	SHALLOWATER	3A	Cooper	Mitchell	TLinda	Taylor
Track	FRANKLIN	3A	Natalie	Philipello	Helen	Wagner
Track	FREDERICKSBURG	4A	Molly	Plueneke	Dan	Aldrich
Track	LIPAN	1A	Brailey	Redwine	Misty	Little
Track	WALL	3A	Sam	Rocha	Tiffany	Meek
Track	Garden City	1A	Ixchel	Sotelo	Ollie	Wilburn
Track	REFUGIO	2A	Alexa	Valenzuela	Katie	Green
Track	Garden City	1A	Lyndee	Walker	Ollie	Wilburn
Track	SNYDER	4A	Ania	Ware	Bob	Campbell
Track	GIDDINGS	4A	Ebony	Wolridge	James	Dixon
Track	HENRIETTA	3A	Abby	Zamzow	Rochelle	Kabisch

**Head Coach:** Keri Slanina East Bernard  
**Assist Coach:** Ashley Broom Sunnyvale

## 5-6A

Sport	All-Star	Conf.	Height	School	Coach	
Track	MISSION	5A	Charlize	De la Garza	Kathryn	Howell
Track	LUBBOCK	5A	Jizelle	Eaton	Jason	Trook
Track	SAN ANTONIO	6A	Ira	Frazier	Nancy	Almaraz
Track	TROPHY CLUB	6A	Shauntel	Frye	Miranda	Wilson
Track	MANSFIELD	5A	JaLyrie	Giles	Lacy	Beckler
Track	NEW CANEY	5A	Teralyn	Guardado	Sara	Sheppard
Track	FLOWER MOUND	6A	McKenzie	Hayward	Steven	Telaneus
Track	EL PASO	6A	Jenelle	Jaeger-Darakjy	Marcos	Chavez
Track	WOLFFORTH	6A	Rylee	Jordan	Stefani	Shortes
Track	FRISCO	5A	Nissi	Kabongo	Amanda	Zambiasi
Track	LUBBOCK	5A	Diamond	Lilly	Tim	Torres
Track	BRENHAM	5A	Makenna	Schroeder	Donna F.	Williams
Track	ARLINGTON	5A	Tamia	Smith	Shannon	Utley
Track	WOLFFORTH	6A	Sarah	Tackitt	Stefani	Shortes
Track	FRISCO	5A	Simone	Watkins	Stacey	Shope

**Head Coach:** Jessica Richards McKinney North  
**Assist Coach:** Miranda Wilson Byron Nelson